

What To Do After Being **FIRED**

JOB APPLICATIONS, INTERVIEWING,
REFERENCES, AND UNEMPLOYMENT BENEFITS



LYNN DESSERT

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the 1990s, the number of people in the UK who are employed in the public sector has increased from 10.5 million to 12.5 million (12.5% of the population).

There are a number of reasons why the public sector has expanded. One reason is that the population has aged. The number of people aged 65 and over has increased from 10.5 million in 1990 to 12.5 million in 2000. This has led to an increase in the number of people who are eligible for state pension and other social security benefits.

Another reason is that the government has increased its spending on health care, education and other public services. This has led to an increase in the number of people employed in these sectors. For example, the number of people employed in health care has increased from 1.5 million in 1990 to 2.5 million in 2000.

There are also a number of reasons why the public sector has become more important in the UK. One reason is that the private sector has become more important in the UK. This has led to a decline in the number of people employed in the public sector. For example, the number of people employed in the public sector has declined from 10.5 million in 1990 to 8.5 million in 2000.

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The Career Breakthrough Series

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A behavioral-based Executive, Team, and Career Coach based in Rochester, N.Y., Lynn is the founder of Leadership Breakthrough, Inc. and works with individuals and organizations to develop their personal effectiveness skills—a cornerstone to career advancement.

The behavioral approach is grounded in many of the assessments Lynn uses to provide clients with information about how their thinking styles influence their communication and actions.

Her professional experience includes line and human resources roles in leadership and executive capacities predominately with Fortune 500 companies. Lynn attended Wright State University and Miami University graduating with degrees in Social Work and MBA respectively.

As a corporate career climbing gypsy, Lynn's experiences prepared her to become an entrepreneur in 2001. As a published author, Lynn continues to build online communities with her blog: [Elephants at Work](#).

YOU JUST GOT

FIRED!

No one likes to think getting fired will happen to them; however, the chances are you will be terminated more than once during your career. The reality is: employment security is long gone.

It does not matter why you were fired. Whether business was slow or because you did something wrong, being fired hurts—emotionally, financially, socially, and physically. The tips in this eBook will help you gain more confidence to better present yourself to future employers and recruiters. Links to outside references and resources are also provided.

The topics we'll cover include:

- Determining why you were let go.
- Unemployment eligibility.
- Job references: what will your ex-employer say about you?
- Other references to use.
- Filling out a job application.
- What to say in a job interview.
- What to tell your friends and family.
- Getting companies or recruiters to take you seriously.

Disclaimer: This eBook does not provide legal or consultative advice and does not guarantee personal outcomes. Your unique situation may require consultation with a seasoned professional.