



*Look as good on the inside
as you feel on the outside*

Core Strength Training

Tap into your Strengths today!

Lynn Dessert, Executive, Team and Career Coach

I am a behavioral-based Executive, Team, and Career Coach and the founder of Leadership Breakthrough, Inc. working with individuals and organizations to develop their personal effectiveness skills—a cornerstone to career advancement.

Clients work with me when they are stuck in a rut and need help figuring out how to adapt or change their behavior because it is preventing career advancement.

As a published author, I build online communities with career insights, tips and information at my blog: [Elephants at Work](http://www.elephantsatwork.com).



In July, I launched my first eBook in my Career Breakthrough Series entitled: *WHAT TO DO AFTER BEING FIRED: JOB APPLICATIONS, INTERVIEWING, REFERENCES, AND UNEMPLOYMENT BENEFITS. GET YOUR COPY:*

<http://www.elephantsatwork.com/landing/what-to-do-after-being-fired/>

It does not matter if you are facing a challenge or reveling in success, you probably used one of your core strengths to do it!

Sometimes you don't realize what you have done or how you did it – today, you'll identify your core strengths and identify when you use them!

Join us for an interactive session where you will:

- *Identify your 3-5 core strengths*
- *Determine when you use which strength effectively*
- *How to tap into strengths you should be using and when*
- *Make a commitment to improve one thing you are doing today*

Sponsored by Your Best Friends Closet

Your Best Friend's Closet, an upscale resale boutique in the Village of Fairport, stocks new and gently used women's and juniors clothing **saving bargain-savvy fashionistas 60% or more** off high end "must haves." Our moderately priced, hand-picked collection of top brands will win over shoppers who appreciate high-quality fashion trends and a diverse selection of clothing, handbags, shoes, jewelry, and more!



Date: September 12th 2012

Time: 6 pm – 8 pm

Location: 270 Packetts Landing, Fairport, NY

Limited to 40 participants
Please RSVP to: 585-425-7100

Please bring 1 purse/handbag not valued more than \$50 for a purse exchange!