

What To Do After Being **FIRED**

JOB APPLICATIONS, INTERVIEWING,
REFERENCES, AND UNEMPLOYMENT BENEFITS



LYNN DESSERT

2012 © Lynn Dessert
Leadership Breakthrough, Inc.

All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means without prior written permission. Any person who does any unauthorized act in relation to this publication may be liable to criminal prosecution and civil claims for damages.

Title: What to Do...after Being Fired
Subtitle: Job Applications, Interviewing, References, and
Unemployment Benefits

First Edition: 2012

Publisher: Leadership Breakthrough, Inc.

Rochester, NY 14618

Website: www.LeadershipBreakthrough.com

Email: info@Leadershipbreakthrough.com

ISBN: 978-0-9858392-0-8

Copyediting: Kathleen Tracy

Typesetting & Cover Design: Carrie Bryson, www.Bryson-Design.com

Notice of Liability

The information contained in this eBook should not be considered to be professional, specific consultation or advice.

Paid Services

Personal consultation services are available to anyone who purchases this eBook for an additional fee.

the 1990s, the number of people with a university degree has increased in all countries, but the increase has been most dramatic in the Netherlands.

There are several reasons for the increase in the number of people with a university degree. First, the number of people who go to university has increased. Second, the number of people who complete a university degree has increased. Third, the number of people who have a university degree but do not work in a university-related job has increased.

The increase in the number of people with a university degree has led to a change in the structure of the labour market. The number of jobs that require a university degree has increased, while the number of jobs that do not require a university degree has decreased. This has led to a higher demand for people with a university degree.

The increase in the number of people with a university degree has also led to a change in the way that people work. The number of people who work full-time has increased, while the number of people who work part-time has decreased. This has led to a higher demand for full-time workers.

The increase in the number of people with a university degree has also led to a change in the way that people are paid. The number of people who are paid a high salary has increased, while the number of people who are paid a low salary has decreased. This has led to a higher demand for high-skilled workers.

The increase in the number of people with a university degree has also led to a change in the way that people are educated. The number of people who attend university has increased, while the number of people who attend vocational school has decreased. This has led to a higher demand for university education.

The increase in the number of people with a university degree has also led to a change in the way that people are trained. The number of people who receive training on the job has increased, while the number of people who receive training in school has decreased. This has led to a higher demand for on-the-job training.

The increase in the number of people with a university degree has also led to a change in the way that people are employed. The number of people who are employed in the private sector has increased, while the number of people who are employed in the public sector has decreased. This has led to a higher demand for private-sector jobs.

The increase in the number of people with a university degree has also led to a change in the way that people are organized. The number of people who work in small businesses has increased, while the number of people who work in large businesses has decreased. This has led to a higher demand for small-business jobs.

The increase in the number of people with a university degree has also led to a change in the way that people are motivated. The number of people who are motivated by a high salary has increased, while the number of people who are motivated by a low salary has decreased. This has led to a higher demand for high-salary jobs.

What To Do After Being **FIRED**

JOB APPLICATIONS, INTERVIEWING,
REFERENCES, AND UNEMPLOYMENT BENEFITS

The Career Breakthrough Series

LYNN DESSERT

CONTENTS

YOU JUST GOT FIRED!	8
ARE YOU FIRED, SEPARATED, OR TERMINATED?	10
ARE YOU ELIGIBLE FOR UNEMPLOYMENT BENEFITS?	14
JOB REFERENCES: WHAT WILL AN EX-EMPLOYER SAY ABOUT YOU?	20
OTHER REFERENCES YOU CAN USE	24
WHAT TO SAY ON A JOB APPLICATION	30
WHAT TO SAY TO THE JOB INTERVIEWER	34
WHAT TO TELL YOUR FAMILY AND FRIENDS	44
HOW TO GET COMPANIES OR RECRUITERS TO TAKE YOU SERIOUSLY	48

ABOUT THE AUTHOR



Lynn Dessert

A behavioral-based Executive, Team, and Career Coach based in Rochester, N.Y., Lynn is the founder of Leadership Breakthrough, Inc. and works with individuals and organizations to develop their personal effectiveness skills—a cornerstone to career advancement.

The behavioral approach is grounded in many of the assessments Lynn uses to provide clients with information about how their thinking styles influence their communication and actions.

Her professional experience includes line and human resources roles in leadership and executive capacities predominately with Fortune 500 companies. Lynn attended Wright State University and Miami University graduating with degrees in Social Work and MBA respectively.

As a corporate career climbing gypsy, Lynn's experiences prepared her to become an entrepreneur in 2001. As a published author, Lynn continues to build online communities with her blog: [Elephants at Work](#).

YOU JUST GOT

FIRED!

No one likes to think getting fired will happen to them; however, the chances are you will be terminated more than once during your career. The reality is: employment security is long gone.

It does not matter why you were fired. Whether business was slow or because you did something wrong, being fired hurts—emotionally, financially, socially, and physically. The tips in this eBook will help you gain more confidence to better present yourself to future employers and recruiters. Links to outside references and resources are also provided.

The topics we'll cover include:

- Determining why you were let go.
- Unemployment eligibility.
- Job references: what will your ex-employer say about you?
- Other references to use.
- Filling out a job application.
- What to say in a job interview.
- What to tell your friends and family.
- Getting companies or recruiters to take you seriously.

Disclaimer: This eBook does not provide legal or consultative advice and does not guarantee personal outcomes. Your unique situation may require consultation with a seasoned professional.